

Camping



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Sleeping Bear Dunes National Lakeshore Visitor Guide is produced and designed annually by Sleeping Bear Dunes National Lakeshore, Division of Interpretation & Visitor Services.

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The National Park Service cares for special places saved by the American people so that all may experience our heritage.



Welcome to Sleeping Bear Dunes



It is my pleasure to offer you this guide in hopes that it helps you plan your best visit ever. Whether it is your first time or your tenth time, there is always something new and exciting to experience or explore.

Last year, the Lakeshore hosted more visitors than ever before -1,531,560; a 22% increase from 2011! Much of that, we believe, was a result of great weather and publicity spurred on by ABC's "Good Morning America" naming Sleeping Bear Dunes National Lakeshore the "Most Beautiful Place in America," National Geographic publications, and the attention given to the Traverse City area as a place for family fun, food, and festivals. Unfortunately, National Park Service budgets are not based on popularity or total visitation. This year's budget was cut along with every other federal agency due to mandatory reductions. These across-the-board budget cuts are affecting federal programs everywhere, as you may have already noticed in your own communities. Here, at the Lakeshore, you may feel the effects in some visitor services. We were left with the difficult decision to reduce our seasonal workforce during the shoulder seasons to ensure coverage throughout our busiest time of the year from Memorial Day to Labor Day. Although the Lakeshore is affected by these cuts, the park remains open, welcoming visitors while protecting its vast natural, cultural and recreational resources. Please accept our apologies for any inconveniences you may experience.

The good news is that many projects funded by the fees we collect here at the Lakeshore will be completed. Without your support through entrance and camping fees, we would not be able to continue preservation of the South Manitou Island Lighthouse, put new roofs on historic buildings, combat invasive species, or remove hazardous trees, to name a few. Private funds continue to bolster activities in the Lakeshore, too. Last year, the first section of the Sleeping Bear Heritage Trail was opened between the Dune Climb and Glen Arbor, and has welcomed new activity year-round! Volunteers from the Friends of Sleeping Bear Dunes patrol, clean, maintain, and even groom for cross-country skiing four miles of our very first bike trail in the park. This fall, work should begin on the next section of trail from the Dune Climb south to Empire. Thanks to everyone who has contributed to this successful effort and for the amazing gift you have provided the community and our visitors! We look forward to the continuation of the 27 miles of trail through the Lakeshore.

In addition to the Friends of Sleeping Bear Dunes, other partner groups also help us achieve the NPS mission to preserve, protect, and provide enjoyment of this treasured place. Preserve Historic Sleeping Bear raises funds to repair historic buildings and landscapes every year. The Manitou Islands Memorial Society works tirelessly to tell the stories of the people who once lived on the islands and contributed to those unique features of this park. There are also the park volunteers who are campground hosts, interpreters, beach cleaners, piping plover monitors, and dune grass planters who work side-by-side with Lakeshore staff to meet these management goals. Without partnerships and volunteers, as well as our hardworking employees, we would not be "the Most Beautiful Place in America." Thousands of people each year contribute their time, energy, and talents to making Sleeping Bear Dunes National Lakeshore

Please enjoy your visit. Be safe. Come back soon!

With warm regards,

Dusty Shultz, Superintendent

Philip Hart Visitor Center

Open year-round. Let park rangers help you plan your visit. Purchase a park pass here. Assistive listening devices are available. Exhibits provide information on geology, ecology, and human stories. Dreams of the Sleeping Bear, a free 15-minute multimedia program with closed captioning, highlights the Lakeshore's scenery, seasons, and history. Bookstore purchases (books, games, posters, postcards, shirts, hats, patches, and more) support the

Memorial Day to Labor Day: 8:00 a.m. - 6:00 p.m. Labor Day to Memorial Day: 8:30 a.m. - 4:00 p.m. Closed Thanksgiving, Christmas, and **New Year's Day**



Located on M-72 in Empire 231-326-5135 x328

National Park Entrance Passes

A park entrance pass is required whenever and wherever you venture into Sleeping Bear Dunes National Lakeshore and must be displayed on the driver's side of your vehicle windshield or dashboard. When you park outside the Lakeshore boundary and enter on foot or bicycle, carry your pass. Purchase a pass year round at the visitor center or Platte Point fee machine; or seasonally during regular hours of operation at campground offices, Pierce Stocking Scenic Drive, Dune Climb, or at Leland Harbor. Seven-day passes may also be purchased Memorial Day to Labor Day at the self-pay fee canisters at the Maritime Museum and at road-end beaches: Peterson, Esch, North Bar Lake, County Road 669, and County Road 651.

\$10 Seven-day Pass for Sleeping Bear **Dunes NL**

Admits pass holder and all passengers in a noncommercial vehicle. Nontransferable and valid for 1-7 days.

Free admission for children 15 and under

\$20 Annual Pass for Sleeping Bear **Dunes NL**

Admits pass holder and all passengers in a noncommercial vehicle. May be purchased online at www.pay.gov by entering "Sleeping Bear" in the search box. Valid for one year from month of purchase.

\$10 Senior Pass for National Parks and Federal Recreational Lands

Lifetime pass for U.S. citizens or permanent residents age 62 or over. One-time fee provides access to Federal recreation sites. Admits pass holder and all passengers in a noncommercial vehicle. May provide a 50-percent discount on recreational fees such as camping and tours. Can be obtained in person or through the mail. For more information, visit http://store.usgs.gov/pass/index.html.

\$80 Annual Pass for National Parks and Federal Recreational Lands

Provides access to all Federal recreation sites for a year from month of purchase. Admits pass holder and all passengers in a non-commercial vehicle. Can be obtained in person or through the mail for a \$10 processing fee. For more information, visit http://store.usgs.gov/pass/index.html.

Free Annual Pass for U.S. Military

Available to U.S. military members and dependents in the Army, Navy, Air Force, Marines, and Coast Guard, and also Reserve and National Guard Members. Must be obtained in person at a Federal recreation site by showing a Common Access Card (CAC) or Military ID (Form 1173).

\$5 Individual Seven-day Pass for Sleeping Bear

Admits one individual (age 16 and up) on foot, bicycle, motorcycle, or noncommercial bus. Nontransferable and valid for 1-7 days.

Access Pass for National Parks and Federal Recreational Lands

Free lifetime pass for U.S. citizens or permanent residents with permanent disabilities. Documentation is required. Provides access to Federal recreation sites and admits pass holder and all passengers in a noncommercial vehicle. May provide a 50-percent discount on recreational fees such as camping and tours. Can be obtained in person or through the mail for a \$10 processing fee. For more information, visit http://store.usgs.gov/pass/ index.html. Acceptable documentation includes a statement by a licensed physician, or a document issued by Veteran's Administration, Social Security Administration or a state agency.

Academic School Groups

An educational fee waiver is available for bona fide educational groups that meet fee waiver requirements and apply prior to their visit. Call 231-326-5135 x 320, or visit the website: www.nps.gov/slbe.

Commercial Vehicle Fees

Vehicle	Capacity	Fee	
Sedans	1-6	\$25*	
Van	7-15	\$40	
Minibus	16-25	\$40	
Motorcoach	26+	\$100	

*Sedans-\$25 commercial fee plus \$5 per person fee for each passenger

Fee-free days

The National Park Service is offering entrance feefree days (camping and other fees still in effect). Come to Sleeping Bear Dunes National Lakeshore (or any national park) on one of these days, and enjoy the sun, sand, and history for free.

Jan 21 (Martin Luther King, Jr. Day)

April 22 - 26 (National Park Week)

August 25 (National Park Service Birthday)

September 28 (National Public Lands Day)

November 9 - 11 (Veterans Day Weekend)

Listening Assistance Available



Do you have trouble hearing information at ranger programs because of competing sounds?

Try out the FM wireless listening system available for your use in the Lakeshore. The equipment amplifies the sound of a ranger's voice, which you

hear through a headset, neck loop, or earbuds. Use the wireless system for a ranger-led hike or evening program, or at the visitor center in Empire, the campground offices, or the General Store in Glen Haven. A listening system



is also available for the multimedia program at the visitor center.

Visitors wishing to use the equipment are encouraged to call ahead and arrive early.

Local Information

Sleeping Bear Dunes National Lakeshore

231-326-5134 www.nps.gov/slbe

Benzie County Chamber of Commerce

231-882-5801

www.benzie.org

Empire Chamber of Commerce

www.empirechamber.com

Frankfort Chamber of Commerce

www.frankfort-elberta.com 231-352-7251

Glen Lake Chamber of Commerce

231-334-3238

www.visitglenarbor.com

Leelanau Chamber of Commerce

231-271-9895

www.leelanauchamber.com

Sleeping Bear Dunes Visitors Bureau

888-334-8499

www.sleepingbeardunes.com

Traverse City Chamber of Commerce 231-947-5075

www.tcchamber.org

Traverse City Convention and Visitors Bureau

800-872-8377

www.traversecity.com

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Making the Most of Your Time

If you have less than 3 hours-try these

Pierce Stocking Scenic Drive

This driving loop overlooks some of the Lakeshore's most unique scenery. Open Memorial Day through Labor Day. Details page 14.

M-109, 3 miles north of Empire Length: 7.5 miles, 90 minutes

Dune Climb

No visit would be complete without climbing this 110-foot high sand dune. Take water, sunscreen, and good footwear. Great for kids! See page 11 for trail info to Lake Michigan from the top of the Dune Climb. (It's a 3-mile-plus hike!) Stop in the airconditioned Dune Center for nature guides, compasses, pins, T-shirts, hats, hiking sticks, and more. The Dune Center is open in June on Fri, Sat, Sun 12-5, and daily 12-5 July 1-Labor Day. *M-109*, 6 miles north of Empire Length: 30 minutes

Explore Glen Haven

This steamship stop on Sleeping Bear Bay dates back to the turn of the 20th century. Visit the Blacksmith Shop, General Store and D. H. Day Exhibit, and Cannery. The Maritime Museum tells the stories of the U. S. Life Saving Service in a fully restored station. *Heroes of the Storm* shipwreck rescue demonstration at 3:00 p.m. (seasonal). **Great for kids!** Details on page 12. *M-209*, 7 *miles north of Empire Length:* 0.5-3 *hours*

Inspiration Point

With a view of the Glen Lakes, Alligator Hill, and North Manitou Island, this overlook provides the perfect finale for any trip. M-22 to McFarlane Rd. (County Rd. 616), 8 miles east of Empire Length: 5 minutes

More than 3 hours-add these

The Platte and Crystal Rivers

Canoe, kayak, or float these calm rivers. Rent equipment near either launch site if you don't have your own. **Great for kids!** Platte River: M-22 to Lake Michigan Rd., 10 miles south of Empire Crystal River: M-22 east of Glen Arbor Length: 2-3 hours

Sleeping Bear Point Trail (#9)

A short hike along a portion of this trail offers a panoramic view of the shoreline, dunes, and islands. Follow the bluetipped posts to the overlook, and return along the same route. For a longer hike, complete the entire loop through a ghost forest, over dunes, and back through the woods. Take water, sunscreen, and good footwear. Details on page 11.

M-209, 8 miles north of Empire

Length: 0.5 miles, 30-60 minutes

Entire trail: 3 miles, 2-3 hours

Port Oneida Historic Farm Tour

Feel a century slip away in the largest historic agricultural landscape in all of the national parks. Bicycle or drive the back roads to old farmsteads, fields, orchards, and cemeteries. A driving tour brochure and a cell phone tour are available. Stop in at the historic Olsen Farmhouse–office of Preserve Historic Sleeping Bear.

M-22, 3 miles north of Glen Arbor Length: 1-2 hours

Ranger Programs

Visit a beaver lodge. Hike to historic farmsteads. Howl for coyotes. Discover fins, furs, and feathers. Explore glacial remains. Experienced rangers lead these free activities and more (seasonal). For locations and topics, pick up a program schedule at the visitor center, campground offices, or entrance stations.

Length: 1-2 hours

Empire Bluff Trail (#3)

Transversing through a beech-maple forest, this up- and downhill trail leads to an overlook of Lake Michigan and the dunes. Details on page 9.

M-22 to Wilco Rd., 1.6 miles south of Empire Length: 1.5 miles, 1 hour

Alligator Hill Trail (#10)

Winding through a beech-maple forest, various loops on this trail lead to an overlook of Lake Michigan and the Manitou Islands. Details on page 11.

6 miles north of Empire off Stocking Rd.

Length: 3-8 miles, 2-4 hours

Lengin. 5 0 miles, 2 4 nours

Sleeping Bear Heritage Trail (#8)

Hike, bike, run, rollerblade, or ski this multi-use, four-mile paved trail. It winds from the Dune Climb through Glen Haven and the back loop of D. H. Day Campground into Glen Arbor. Details on pages 11 and 18.

Park your car at the Dune Climb: M-109, 6 miles north of Empire Length: 4.25 miles, one way, 2 hours

A full day-try South Manitou Island

Tour the Lighthouse

Learn about the history of the South Manitou Island Lighthouse and U.S. Life Saving Service Station. Climb the 100-foot tall tower for sweeping views of the Manitou Passage.

The lighthouse is 0.3 miles from dock

Length: 30 minutes

Giant Cedars and Shipwreck Hike

Hidden on the island's southwest corner, a stand of old-growth white cedar–called the Valley of the Giants–escaped the lumbermen. Nearby, view the shipwrecked Liberian freighter, the Francisco Morazan, which ran aground in 1960. Begins and ends in the village

Length: 7 miles round trip, 3-4 hours

Motorized Island Tours

Manitou Island Transit offers two open-air tours for island visitors. You may explore the history of the old schoolhouse, cemetery, lake, and farms; or visit the giant cedars and view the shipwreck.

For costs and reservations, call 231-256-9061.

Begins in the village after ferry arrives

Length: 2 hours

Ferry information: 231-256-9061 www.manitoutransit.com

The ferry leaves on schedule–don't be late!











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Chipmunks, Raccoons, and Bears, Oh My!

National Parks are wonderful places to see a great variety of wildlife. But we need your help to keep the wildlife truly wild and healthy by making sure you store your food properly. Although seldom seen here, bears are especially curious and can smell food and beverages in sealed containers. Please store all foods properly.

To animals, food includes all food, trash, beverages, and anything with a scent, including: toiletries, lotions, toothpaste, soaps, insect repellent, pet food, medicine, perfume, gum, candy, empty food or beverage containers, tobacco products, dirty dishes, scented tissues, etc.



Store your food carefully when camping

- Store all food, drinks, trash, and scented items in animal-proof food storage boxes or your vehicle trunk, with vehicle doors closed at all times.
- Never store food, drinks, trash, or scented items in your tent. The tent pictured below had salt left in it!
- Do not dispose of food or trash in fire
- Do not leave food unattended, even for a few minutes.

Never leave your food unattended when hiking or picnicking



Firewood

We all love to sit around a warm, crackling campfire, but, unfortunately, firewood is known to harbor harmful insect and disease pests which can destroy forests. In order to protect our beautiful forests from succumbing to these non-native pests, campers in the National Lakeshore may only use firewood purchased from vendors approved by the National Lakeshore. These vendors are selling firewood that has either been safely treated for pests or is from a type of tree that is known to be pest free.

Unapproved firewood may not be used in the campgrounds. Help us protect the forest by leaving your firewood at home!

You may purchase approved firewood from firewood vending machines located in both campgrounds or from local firewood vendors in the surrounding communities.

Approved firewood is available from the following vendors as of May 8, 2013. Check www.nps.gov/slbe for an updated list:

Vending machines in the campgrounds

Anderson's IGA, Glen Arbor

Deering's Market, Empire

Eagle Country Builders, Honor

Empire EZ Mart/BP Gas Station, Empire

Honor Family Market, Honor

Honor Trading Post, Honor

Phil Gunther, Beulah

Riverside Canoes, Honor

Tag Limit Outdoors Inc, Honor

Manufactured logs for campfires are also

acceptable.

Don't get ticked!

Protect yourself from tick bites

- Avoid ticks by walking in the center of trails and avoiding contact with vegetation.
- Use a repellent such as DEET (on skin or clothing) and wear close-toed shoes, long sleeves, long pants, and socks. Wear lightcolored clothing with a tight weave to easily spot ticks.
- Check your clothes and any exposed skin frequently for ticks. Avoid sitting directly on the ground, fallen logs, or stone walls.

After being outdoors

Check your body for ticks after being outdoors, and remove any tick you find.

Check your clothing for ticks. Placing clothes into a dryer on high heat for at least an hour effectively kills ticks.

Shower soon after being outdoors.

Showering within two hours of coming indoors has been shown to reduce your risk of being

Check these parts of your body and your child's body for ticks:

In and around the ears Inside belly button

Between the legs Around the waist

Back of the knees

If you are bitten by a tick

Remove an attached tick as soon as you notice it. Use fine-tipped tweezers or a tick removal tool, grasp the tick as close to the skin as possible, and then slowly, but firmly, pull it straight out. Immediately wash the bite area and your hands with soap and water, then apply an antiseptic to the bite wound.

Watch for signs of illness.

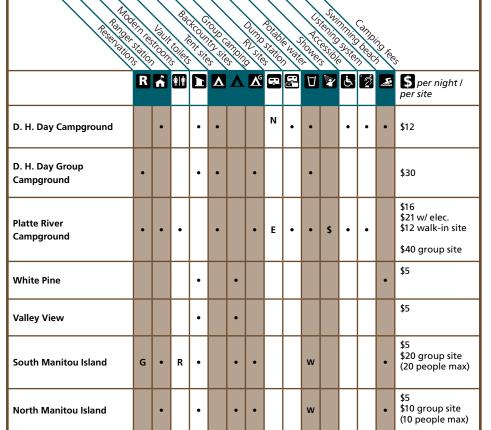


Camping

Sleeping Bear Dunes National Lakeshore offers camping for everyone. The Platte River Campground is equipped with modern facilities, tent pads, picnic tables, fire rings, and paved parking pads at each site.

D. H. Day Campground is a popular, rustic campground with wooded campsites. Sites have tent pads, picnic tables, fire rings, and parking areas.

Backcountry camping is available on the mainland at White Pine and Valley View Campgrounds, on South Manitou Island at Bay, Weather Station, and Popple Campgrounds (0.5, 1.5, and 3.5 miles from the dock), and on North Manitou Island at the Village Campground and dispersed around the island. A backcountry camping permit is required in addition to a park entrance pass. Obtain a pass and permit at the visitor center, campground offices, or Leland dock.



- Sites with electricity are available
- Reservations only for group campsites
- Shower tokens required (\$1 for two 3-minute
- Restrooms only available in the village.
- Potable water available in some campgrounds No electricity at sites; generator use permitted from 9 a.m. until 6 p.m. at sites 1-31

Reservations

To make reservations, visit http://www. recreation.gov, or the park website at www. nps.gov/slbe, or phone 1-877-444-6777. Reservations for Platte River campsites from Memorial Day weekend through September are accepted six months in advance. For group sites from May through September, reservations are accepted one year in advance. A \$3 per night reservation fee is added by the reservation contractor. Reserve early!

Please Note: Senior and Access Pass holders with ID pay half price for campsites at D. H. Day Campground and Platte River Campground. This includes campsites reserved through the National Recreational Reservation Service (NRRS). The discount does not apply for group campsites or electricity.



Leave No Trace

- 1. Plan ahead and prepare Prepare for extreme weather and emergencies. Bring food and water. Don't forget your park pass!
- 2. Camp and travel on durable surfaces Stay on established trails and
- campsites.
- 3. Dispose of waste properly Pack it in, pack it out.
- 4. Leave what you find Preserve the past and leave rocks, plants and other items as you find them for others to discover.
- 5. Minimize campfire impacts Use established fire rings. Keep fires small. Burn wood to ash. Put all fires out completely.
- 6. Respect wildlife Observe wildlife from a distance. Never feed animals. Store food properly.
- 7. Be considerate of other visitors

Respect other visitors and protect the quality of their experience. Let nature's sounds prevail.



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Platte River District Trail Guide

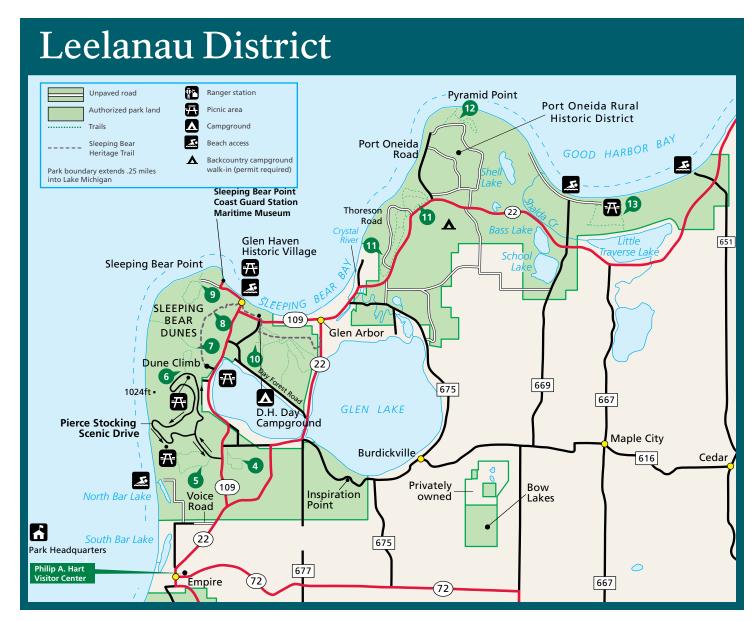
TRAIL	ROUND TRIP	DESCRIPTION		
Old Indian Trail	2.5 mi	Easy hike, easy to advanced ski - Two fairly flat loops begin in a mixed evergreen and hardwood forest and wind through low dunes to the Lake Michigan shore. <i>Trailhead: off M-22, north of Sutter Rd.</i>		
Platte Plains Trail	3.5 - 14.7 mi	Watch for junctions. There are multiple trailheads (Otter Creek: Esch Rd., Trails End Rd., off M-22 (winter only), & Platte River Campground).		
		Bass Lake Loop (3.5 mi):	Easy hike and ski - Winds around Bass and Deer Lakes. Some sections follow a two-track road.	
		Otter Creek Loop (4.6 mi):	Easy hike and ski - Follows Otter Creek and Otter Lake. Flat, with pine-oak-aspen forests and open meadows.	
		Lasso Loop (6.3 mi):	Moderate hike, easy to advanced ski - Winds through pine-oak-aspen forests. Scenic overlooks of Lake Michigan. Several road crossings.	
Empire Bluff Trail	1.5 mi	Moderate hike - Winds through a beech-maple forest to an overlook. Wildflowers and woodland plants are abundant. For your safety and to prevent erosion, please do not descend the bluff. <i>Trailhead: Wilco Rd. off M-22</i> .		

Additional trail information:

- No pets on designated ski trails from December 1 through March 31.
- Trail maps available online and at visitor contact stations. Directional arrows and difficulty levels on maps are for use by cross-country skiers. Snowshoers should not walk on top of ski tracks.
- Please leave plants, rocks, and other natural objects undisturbed for other visitors to enjoy. Do not collect ghost-forest wood, any wood on the dunes, or wildflowers. Ask the rangers about what fruits, berries, and mushrooms you can pick.
- Always tell someone where you are going hiking and when you'll be back.











Leelanau District Trail Guide

TRAIL	ROUND TRIP	DESCRIPTION		
Windy Moraine Trail	1.5 mi	Moderate hike, advanced ski - A quiet trail with a view of Glen Lake from atop a hill. <i>Trail leads through beech-maple forest and old farm fields. Trailhead: Welch Rd. east of M-109.</i>		
Shauger Hill Trail 5	2.4 mi	Moderate hike, advanced ski - Includes beech-maple forest, and steep hills and crosses the Pierce Stocking Scenic Drive twice. Watch for traffic at the crosswalks. In winter, the Scenic Drive is closed to vehicles for use as a cross-country ski and snowshoe trail. Watch for snowmobiles where the trail crosses Shauger Hill Rd. Trailhead: parking lot near Pierce Stocking Scenic Drive entrance, M-109.		
Cottonwood Trail	1.5 mi	Moderate - Hilly, all sand, and no shade. Leads onto the perched dunes through native grasses, shrubs, and wildflowers. Views from above the Dune Climb of D. H. Day farm and Glen Lake. Take water, sunscreen, hat, and shoes. <i>Trailhead: Stop #4 along the Pierce Stocking Scenic Drive, M-109</i> .		
Dunes Hiking Trail 7	3.5 mi	Strenuous - Hilly, all sand, and no shade. Travels over nine hills through the high dunes plateau to Lake Michigan. Blue-tipped posts mark the trail. It can be a hot, exhausting, three to four hour trip, punctuated only by a cool dip in Lake Michigan. Plan ahead. <i>Take water, sunscreen, hat, shoes, and a snack. Trailhead: the Dune Climb, M-109</i> .		
Sleeping Bear Heritage Trail	4.25 mi	Easy hike, ski, and bike - Paved, multi-use trail connecting Dune Climb, Group Campground, Glen Haven, D. H. Day Campground, and Glen Arbor. Great for strollers, wheelchairs, and bikes. Mostly forested. To be extended in coming years. <i>Trailhead: Dune Climb, Glen Haven</i> .		
Sleeping Bear Point Trail	2.8 mi ਨੇ	Strenuous - Hilly, all sand, and no shade. Leads onto the dunes, through a ghost forest, and overlooks Lake Michigan. Blue-tipped posts mark the trail. For a shorter option, a spur leads to Sleeping Bear Point from where you can follow the beach back to the Maritime Museum and trailhead. Plan ahead. Take water, sunscreen, hat, shoes, and a snack. <i>Trailhead: end of Sleeping Bear Dunes Rd. off of M-209, west of Maritime Museum.</i>		
Alligator Hill Trail	3 - 8 mi 松 丞 标	All three loops lead through a beech-maple forest to a bench which overlooks Lake Michigan and the Manitou Islands. A 1.6 mile spur takes you along the ridge to the Glen Lake overlook. Only trail upon which horse use is allowed. <i>Trailhead: east of D. H. Day Campground, off Stocking Rd. near its intersection with Day Farm Rd.</i> Easy hike and ski loop: 3 mi, 4.6 mi with spur. Moderate hike, intermediate ski loop: 4.7 mi, 6.3 mi with spur Moderate hike, advanced ski loop: 4.6 mi, 6.2 mi with spur		
Bay View Trail	2.4-7.5 mi	Provides views of Lake Michigan and the Port Oneida Rural Historic District. Several loops of different lengths and difficulties. <i>Trailhead: off Thoreson Rd. near M-22</i> . Farm Loop (2.4 miles): Easy hike and ski - Wanders through farms and fields and by an historic schoolhouse to Lookout Point. Ridge Loop (4 miles): Moderate hike, advanced ski - The low trail leads through fields and forest. The high trail follows the ridge for views of Lake Michigan.		
Pyramid Point Trail 12	1.2 - 2.7 mi	Moderate - To the bluff and back is 1.2 miles. Climbing a steep hill, it provides an overlook of Lake Michigan and the Manitou Islands. For your safety and to prevent erosion, please do not descend the bluff. The entire loop trail is 2.7 miles and follows a portion of Basch Rd. <i>Trailhead: off Basch Rd.; follow Port Oneida Rd. north from M-22</i> .		
Good Harbor Bay Trail	2.8 mi	Easy hike and ski - A flat loop trail through woods and wetlands. Trailhead: off Lake Michigan Rd.; take CR 669 north from M-22; follow Lake Michigan Rd. east.		

See page 9 for additional trail information.



Glen Haven Historic Village

Step into the colorful past in this company-owned steamboat stop that operated from 1865 until 1931. Sleeping Bearville, as it was originally called, was a natural harbor sought out by steamships sailing between Chicago and Buffalo. Learn more about area

history when you visit the restored General Store and Blacksmith Shop. Flush toilets and picnic area with grills are available. *M-209*, *7 miles north of Empire*

Glen Haven General Store

Treat someone to old-fashioned candy at lumber baron D. H. Day's General Store, restored to appear as it did in the 1920s. Built in 1867 as a company store, it provided goods for workers. David Henry Day came to Glen Haven in 1878 to work and never left. Learn about his legacy in the exhibit hall and see his office at the back of the store. Today, the historic General Store carries merchandise and items related to the history of Glen Haven, including kitchenware, food, toys, and books.

Memorial Day weekend though June, Open 12-5, Fri, Sat, & Sun only. July 1-Labor Day, Open 12-5 daily



The Good Ship *Aloha*

Built in 1937 to handle gill nets, *Aloha* spent her days navigating deep Lake Michigan. Now conveniently "docked" next to the new viewing ramp north of the Cannery Boat Museum in Glen Haven, visitors can visit *Aloha* at water level and look inside.

Cannery Boat Museum

What was once a cherry and apple cannery now houses a collection of historic Great Lakes vessels, including boats, motors, and equipment. Volunteers provide short interpretive talks and answer your questions. Outside, pilings from Glen Haven's dock stretch into Sleeping Bear Bay. A sandaccessible wheelchair is available *Open 11-5 daily, Memorial Day through Labor Day.*

Blacksmith Shop

Hear the ring of a hammer and anvil as the blacksmith stokes up a fire, heats iron until red hot, and forges a tool before your eyes. Volunteers provide demonstrations for all ages. Great for kids! *Open 11-5 daily, Memorial Day through Labor Day.*







Glen Haven Wayside Exhibit Panels

We've added interpretive panels throughout Glen Haven to help tell the story of the village and those who lived and worked here. Tell us what you think. Do you have any questions about the information on the panels? Any comments you'd like to share. Email us at sleepingbearinfo@nps.gov and let us know!

Maritime Museum

Tour the crew quarters and boathouse at the Maritime Museum at Sleeping Bear Point. Exhibits highlight the U.S. Life Saving Service and Great Lakes shipping history. Short interpretive talks are given throughout the day. A sand-accessible wheelchair and public restrooms are available. Open 11-5 daily, Memorial Day weekend through Labor Day.





Park Partners

Friends of Sleeping Bear Dunes

The Friends of Sleeping Bear Dunes was founded in 1994 as a volunteer, nonprofit organization working for park goals. This friends group obtains grants and donations from individuals, companies, and other organizations for a variety of interesting projects and park support. Look for their publications in park bookstores available by donation. For more information and/or to join, visit www.friendsofsleepingbear.org.

Preserve Historic Sleeping Bear

Since 1998 Preserve Historic Sleeping Bear (PHSB) has been a park partner dedicated to sponsoring volunteer preservation projects and raising money to save the historic buildings and landscapes of the Lakeshore. Come and visit PHSB in the Olsen House in the Port Oneida Rural Historic District. Open to the public when staff is available. For more information and/orto join, call 231-334-6103 or visit www.phsb.org.

Manitou Islands Memorial Society

The mission of the Manitou Islands Memorial Society (MIMS) is to preserve and interpret the history and cultural traditions of North and South Manitou Islands. Members are involved in research, fundraising, hands-on maintenance and preservation projects, and interpretation initiatives. For more information write to MIMS, PO Box 77, Empire, MI 49630.

Make a Difference



In 2012, over 1,600 Volunteers-In-Parks (VIPs) donated almost 45,000 hours at Sleeping Bear Dunes National Lakeshore. VIPs staffed visitor centers and museums, acted as campground hosts, monitored piping plovers, maintained and renovated trails and historic buildings, removed invasive plants, and much more. You too can help care for your national parks. For more information, contact the volunteer coordinator at 231-334-0215 or email matthew_mohrman@nps.gov.



Ranger-led Activities

Imagine hiking through the dunes learning about the glaciers, pulling the rope of the breeches buoy demonstration to help rescue Raggedy Ann and Andy, or sitting under the trees at the campground in the evening listening to stories told by the ranger.

Guided activities will be offered daily. Visit the visit the website (www.nps.gov/slbe), visitor center, campground offices, or ask a ranger for a program flyer. Call 231-326-5135 ext. 328 for more information.

Please arrive a few minutes before the activity is scheduled to begin. Water, sunscreen, bug spray, and appropriate footwear recommended. Check out our Special Events section on page 19 for additional activities.

There will be no ranger-led programs during the Port Oneida Fair-see you there!

Pierce Stocking Scenic Drive

Dune Ecology

To survive in the dunes is no easy task. Flora and fauna deal with strong sunlight, poor soils, and constant winds. The wind action alone can dry out plants, expose root systems, or even completely bury vegetation, including trees.

Leaving the Sand Dunes

Before you enter the neighboring forest, notice a great example of wind action that has been threatening the stability of a basswood tree across the road. If you were that tree, how much longer do you think you could keep your balance and stay standing?

Beech-Maple Forest

From the open, sunny environment of the dunes to the cool, lush shade of the woods is a startling contrast. Sugar maples and American beech are the predominant trees but in addition to them, a variety of shrubs and flowers fill the forest. Coyotes, deer, bobcat, squirrels, and birds find more food and shelter here than in the dunes.

Changes Over Time

Scientists describe the landscape around here after the glacier melted more than 11,800 years ago as one of sand, rocks, and gravel stretching miles in every direction with hills and grooves carved by ice. Over the years, plants, animals, and minerals have transformed the once sterile ground into the productive, fertile woods of today.

Lake Michigan Overlook

Standing on this platform, about 450 feet above the lake, you are afforded one of the most magnificent views in all of Sleeping Bear Dunes National Lakeshore! If the visibility is good, you will see South Manitou Island 10 miles to the northwest. That is Empire Bluffs just four miles to the south and Platte Bay just beyond that. Wisconsin is 54 miles due west, but thanks to the curvature of the earth, you will not see any "cheeseheads" waving back at you!

The vast majority of visitors take in the view from atop the bluff and don't risk erosion, injury, and rescue fees by going down-not to mention the hour or two it takes to climb up!

Sleeping Bear Dune Overlook

The iconic landform that gave this national park its name and for which the legend is told lies about one mile away, along the edge of the bluff. It hardly looks like a sleeping bear anymore, for over time, those persistent winds have eroded the bump on the bluff. You may be able to distinguish some skeletons of dead trees within the blow-out in the dune. They are part of a ghost forest whose existence tells a story of alternating stability and suppression.

Cottonwood Trail

Grab some water, a hat, and sunscreen before heading out on this 1.5 mile loop through the dunes. It may feel strenuous because you will be walking in a lot of sand, but take your time and explore a world of plants and animals that survive in a challenging world dominated by wind.

Dune Overlook

You are standing in the middle of about a four square-mile (2600 acres) area called the Sleeping Bear Dunes complex. While a relatively small area, there is incredible diversity around you. This high plateau gently dips to the lakeshore to the north and Sleeping Bear Bay. However, to the east, the dunes rise dramatically and almost straight up from the water.

Glen Lake

Two for the price of one! Divided by the M-22 causeway visible in the distance, Big Glen Lake reaches 130 feet deep in places, while Little Glen (closest to you) is only 12 feet deep Different shades of blue indicate lake levels. The long ridge running along the north side of Little Glen is called Alligator Hill. Can you see the creature's snout down by the bridge?

Covered Bridge

Have you ever seen a covered bridge with the National Park Service arrowhead on it? The original one, built by Mr. Pierce Stocking for his scenic drive did not boast the symbol, of course. He just wanted to provide a picturesque detail for sightseers to stop and photograph. Please enjoy!

Pine Plantation

North Bar Lake

lust below this overlook is a rare type

of geologic remnant. The calm, beauti-

Once a bay of Lake Michigan, its name

describes how it is slowly closing itself

off as the sand bar along its west side

continues to build up. Compare it to

South Bar Lake in Empire which no

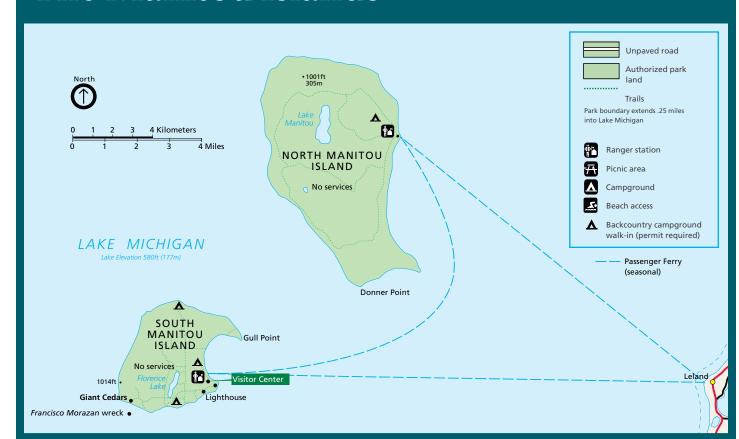
to the big lake.

longer has an open channel of water

ful North Bar Lake is in transition.

In many places in the park, rows of pines were planted where the original mixed hardwood forest had been harvested. Red pines were commonly planted for their uniformity, wood properties, and relative freedom from insects and disease. National Park Service biologists gradually thin the plantations to restore a more healthy forest that is diverse in species and ages of trees.

The Manitou Islands





South Manitou Island

No place offers a more complete sense of the National Lakeshore than South Manitou Island. Catch a passenger ferry for a day trip or camping excursion. The island preserves beaches, giant cedars, shipwrecks, and historic farms far from the rush of the mainland. Join a motor tour of the island. Climb the lighthouse stairs for grand views across Lake Michigan. Take everything you need (food and camping equipment) as no services are available on the island. Supplies are available in Leland.

North Manitou Island

For a true wilderness experience, backpack on North Manitou Island. Visitors pass through the historic Coast Guard village before entering nearly 15,000 acres of undeveloped forests, fields, and beaches. Visits emphasize solitude and self-reliance. Plan well. No services are available. As you must stay overnight, take all your camping needs. Because of nesting piping plover, some beach areas may be closed May-August.



Getting to South and North Manitou Islands

Ferry service to the Manitou Island changes with the seasons. Contact Manitou Island Transit for reservations and schedules. A national park entrance pass is required to visit the islands. A backcountry permit is also required for campers. Passes and permits are available at the Leland Harbor office before ferry boarding and at the visitor center in Empire. Leland is 27 miles (45 minutes) north of Empire on M-22.

Manitou Island Transit also offers two island tours, see page 5 for more information.

231-256-9061 www.manitoutransit.com

Sleeping Bear Dunes National Lakeshore 15 **14** Sleeping Bear Dunes National Lakeshore www.nps.gov/slbe 2013 Visitor Guide www.nps.gov/slbe

Dangerous Currents

Lake Michigan is a wonderful place to enjoy the beach and wade or swim—if you are careful. Swimming in Lake Michigan is not the same as swimming in a pool or small lake. Wind, waves, the slope of the beach, and other factors can cause dangerous currents to be present.

Although they are not common, rip currents are dangerous and can occur at any beach with breaking waves. These powerful currents move away from shore and are capable of overcoming even the strongest swimmer. The most common mistake of those caught in a rip current is to panic and attempt to swim directly back toward the shore. Although rip currents can pull a swimmer away from the shore, they don't pull you under water.

What to do if caught in a rip current:

- Remain calm. Remember, it will not pull you under.
- Swim parallel to the shore until you break free, then swim diagonally toward the shore.
- If you cannot swim out of the current, float until it weakens, then swim diagonally toward the shore.
- Summon help by waving your hands.

If someone else is caught in a rip current–yell directions on how to escape, throw the victim something that floats, and call 911.

Remember, Lake Michigan conditions can change quickly. Know what to expect before you go in the water. Tune in to NOAA weather radio, and monitor websites (National Weather Service, Gaylord Office) for updated weather and Lake Michigan surf conditions during your visit.

For more information on rip currents, check the website at http://www.ripcurrents.noaa.gov.

Keep your dog on a leash and help keep our piping plovers safe!



Beaches, Beaches



Let your bare feet guide you along the mainland's many sandy beaches. There are no concessions, so pack a picnic and your sunscreen.

Remember, all beaches are unguarded. Swim at your own risk.

Fires are permitted on mainland Lake Michigan beaches between the water's edge and the first dune, away from any vegetation. Firewood is available for purchase from park-approved vendors; see page 6 for more information.

Extinguish ALL beach fires with water. DO NOT bury fires—hidden embers could burn unsuspecting bare feet!

A park entrance pass is required for any use of the National Lakeshore and is available at numerous locations throughout the park. The following beaches have vault toilets unless noted.

Platte Point Beach features the Platte River outlet where warmer water enters Lake Michigan. Accessible flush toilets are provided. Please note that a section of the shoreline is sometimes closed to protect nesting piping plovers. Regardless of the lot in which you park, a park entrance pass is required to use the National Lakeshore. A separate township fee is required to use the adjacent township park and picnic area.

No pets allowed

At the end of Lake Michigan Rd. Off M-22, 12 miles south of Empire



and More Beaches





Peterson Beach has a boardwalk crossing the low dunes from the parking lot to the beach. It's a quiet stretch of sand with wide vistas of Empire Bluff to the north and Platte River Point to the south.

Leashed pets are allowed to the left of the boardwalk when facing the water.

At the end of Peterson Rd. Off M-22, 11 miles south of Empire

Esch Beach, also called Otter Creek Beach, is another popular swimming area. The shore to the south is divided by the shallow outlet of Otter Creek.

 $\ensuremath{\underline{\,^{\circ}}}$ Leashed pets are allowed to the right of Esch Rd. when facing the water.

At the end of Esch Rd.

Off M-22, 5 miles south of Empire

North Bar Lake is a popular spot. This warmer lake connects to Lake Michigan and its beaches. Some areas have experienced severe dune erosion and are closed for restoration. Please obey closure signs.

No pets allowed

At the end of LaRohr Rd. From Empire, take M-22 north, left on Voice Rd., right on Bar Lake Rd., left on LaRohr Rd.

For your safety, glass containers are prohibited on beaches, waterways, and dune areas.

Glen Haven Beach is on Sleeping Bear Bay. Views look west past the Maritime Museum to Sleeping Bear Point, north to the Manitou Islands, and east to Glen Arbor and Pyramid Point. Please note that a section of the shoreline is sometimes closed to protect nesting piping plovers. Adjacent picnic area with grills and nearby flush toilets are provided.

Leashed pets are allowed to the right of the Maritime Museum when facing the water to all the way past the Cannery and D. H. Day Campground, but not on the Maritime Museum grounds.

M-209, 7 miles north of Empire

County Road 669 Beach is on Good Harbor Bay. To the west, view Pyramid Point; to the north, the Whaleback and North Manitou Island. The Fox Islands may be visible on a clear day. Shalda Creek empties into Lake Michigan to the west of the parking area. Lake Michigan Rd. parallels the bay for several miles. Follow it east to a pleasant shoreline picnic area and the Good Harbor Bay trailhead (#13).

Leashed pets are allowed to the left of CR 669 when facing the water. The beach may be temporarily closed to pets during piping plover

nesting season.

At the end of CR 669 (Bohemian Rd.) Off M-22, 18 miles north of Embire

Dispose of diapers properly and help protect water quality, wildlife, and other visitors.

County Road 651 Beach features wonderful sunset views on Good Harbor Bay. To the west, view Pyramid Point and to the north, the Whaleback and North Manitou Island. The Fox Islands may be visible on a clear day.

Leashed pets are allowed to the right of CR 651 when facing the water.

At the end of CR 651 (Good Harbor Tr.) Off M-22, 12 miles north of Glen Arbor

Piping Plover Update

In 2012, there were 58 breeding pairs in the entire Great Lakes piping plover population; 22 of those were within the National Lakeshore. Last year, the first documented plover nest was found on South Manitou Island

The plover population remains highly vulnerable to losses. Adults, eggs, and chicks are at risk from dog and human encroachment into nesting areas. Please help us protect these special birds by keeping dogs on a leash and obeying all beach closure signs.

For more information, visit http://www.nps.gov/slbe/planyourvisit/upload/ Piping Plover.pdf

Winter Activities

Explore the colors of winter. Blue-gray ice sheets sculpt the shoreline and leafless oak, beech, and maple trees reveal overlooks shrouded the rest of the year. Winter creates a quiet and rarely witnessed landscape.

Ski the trails. Easy, intermediate, and advanced trails exist. Not groomed, but frequently tracked. Ask about a ski trail guide or see pages 9 and 11.

Snowshoe anywhere. When following marked trails, please avoid trampling established ski tracks by snowshoeing alongside them, not on them.

Weekend snowshoe hikes. In January and February, rangers lead free introductory snowshoe hikes on Saturdays. Meet at the visitor center at 1:00 p.m. The park provides snowshoes free of charge. They are limited; call ahead for reservations 231-326-5135, x328.

Ice fish the inland lakes. State of Michigan licenses and regulations apply. Anglers are reminded to dress warm, use the buddy system, always wear a life jacket, and use caution when traveling across any ice.



Biking

Bike on any established road that vehicles travel or the Sleeping Bear Heritage Trail, but not on any other park trails. Explore the following areas:

Sleeping Bear Heritage Trail: easy. This paved, multi-use trail runs just over four miles from the Dune Climb to Glen Arbor. Mostly flat with a few gentle undulations, the trail winds along the base of the dunes, follows a historic railway into the historic village of Glen Haven, accesses the back loop of D. H. Day Campground, and travels through the forest on old roads and trails into Glen Arbor.

Port Oneida Rural Historic District: easy. These quiet country roads, a mix of gravel and pavement, wind between farms, barns, and wetlands. Ask for an area brochure at the visitor center.

Platte Plains Roads: moderate. Close to the Platte River Campground. Use these back roads to experience nature away from the highway.

Pierce Stocking Scenic Drive: strenuous. For experienced bicyclists only. This 7.5 mile loop, with heavy summer traffic and steep hills, provides overlooks of Lake Michigan and the dunes.

You can rent bicycles in Glen Arbor.

Half the Park is After Dark

For my part I know nothing with any certainty, but the sight of the stars makes me dream. ~Vincent Van Gogh

National parks protect nature, history, and scenery. They also protect our night skies: the starry, starry nights and natural darkness often found in national parks allow jewels of the heavens to shine brightly. So dream for yourself! Get out and spend an evening under the stars and see the nighttime wonders of Sleeping Bear Dunes National Lakeshore. You might just become starstruck!

And, if you like, please join us for a Star Party. Monthly guided explorations of the night sky are hosted by the park and the Grand Traverse Astronomical Society (GTAS). GTAS members set up multiple telescopes for all to use and offer a chance to take in the stars, planets, sun, meteor showers, and milky way. Check the schedule of events on the next page for dates or www.nps.gov/slbe for more information.

DATE **SUNRISE FULL MOON** Sky April 1 **7:25 am** EDT 8:11 pm EDT **April 15** 7:00 am 8:29 pm April 25 Watch May 25 May 1 6:34 am 8:48 pm June 23 **May 15** 6:16 am 9:06 pm July 22 June 1 6:02 am 9:22 pm August 20 June 15 5:58 am 9:32 pm September 19 July 1 6:02 am 9:34 pm October 18 July 15 6:12 am 9:28 pm **November 17** August 1 6:30 am 9:11 pm **December 17** August 15 6:46 am 8:51 pm 8:22 pm September 1 7:06 am September 15 7:23 am 7:56 pm October 1 7:42 am 7:26 pm October 15 7:59 am 7:01 pm **November 1** 8:22 am 6:34 pm November 15 **7:41 am** EST **5:17 pm** EST **December 1** 8:01 am 5:05 pm 5:04 pm **December 15** 8:15 am

Special Events

April 20-28, 2013

National Park Week & Junior Ranger Day- Fee Free week Events to be announced.

May 11, June 8, July 13, Aug. 10, Sept. 7, Oct. 21, 2013 TBA

Astronomy - Star Party

Enjoy the night sky through telescopes with park rangers and the Grand Traverse Astronomical Society. Check at visitor center for time and location.

June 1, 2013

National Trails Day

Celebrate National Trails Day on the Sleeping Bear Heritage Trail. Visit the refreshment station in Glen Haven to learn more about upcoming segments of the trail.

June 18 - 22, 2013 9:00 a.m. - 5:00 p.m.

Michigan Barn Preservation **Network Workshop**

Want an opportunity to learn new skills and help restore historic buildings? Help restore a Port Oneida barn. No skills necessary. Enough work for everybody.

August 9-10, 2013 10:00 a.m. - 4:00 p.m.

Port Oneida Fair

Port Oneida Rural Historic District. Arts, crafts, and rural life skills demonstrations along with live animals at a variety of farmsteads throughout the Port Oneida Rural Historic District.

September 28, 2013

National Public Lands Day

Enjoy the park on this annual fee-free day and/or participate in a Take Pride in America/Coastal Cleanup event. Volunteers earn a pass for free entrance (to any national park) to be used at a later date.

September 27, & October 25, 2013 Artist-in-Residence

Listen and see as a visiting artist shares his or her work at a public program. Visit the art gallery in the visitor center to view work by previous artists-in-residence.

Late October - first week of November 2013

North Manitou Island Deer Hunt (Bow) North Manitou Island Deer Hunt (Firearm)

A special deer hunt is conducted on NMI to control the deer herd and preserve the natural vegetation. Call 231-326-5134 for permit information.

November 9 -11, 2013

Fee Free Weekend -**Veterans Day**

A fee-free weekend for all park visitors in honor of U.S. veterans and current members of the U.S. Armed Forces.

January & February 2014

1:00 p.m. - 3:00 p.m.

Snowshoe Hikes with a Ranger -Saturdays at the Lakeshore

Meet at the visitor center at 1:00 p.m. on Saturdays for orientation and instructions. Snowshoes loaned free of charge. Reservations suggested. (Sunday hikes may also be available.)

For more information on any special event, contact 231-362-5135 x328 or visit the website: www.nps.gov/slbe

All solid waste generated by visitors and staff at the Lakeshore is sorted and separated at the American Waste collection facility to recover recyclable materials. We do ask that you donate your Michigan redeemable beverage containers in the receptacles provided in our primary visitor use areas.







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www.nps.gov/slbe

2013 Visitor Guide

2013 Visitor Guide

Pets in the Park

Pet Friendly Lake Michigan Beaches

Leashed pets are allowed on these beaches:

 From Platte River Campground / Railroad Grade trail north to Peterson Road.

 From Esch Road north to the Lakeshore boundary (south of Empire).

From the Lakeshore boundary north of Empire to just south of Driventh Bar Lake stream outlet.

 From Maritime Museum east (but not on the Maritime Museum grounds) to the Lakeshore boundary (west of Glen Arbor).

 From the Lakeshore boundary north of Glen Arbor around Pyramid Point to CR 669.

From CR 651 north to the Lakeshore northern boundary.



No Pet Zones

Dune Climb, Maritime Museum grounds, Glen Lake Picnic Area, North Bar Lake, Platte Point Beach, group campsites, backcountry campsites, North and South Manitou Islands, and other areas where posted. Pets are not allowed on designated ski trails (Trails #1, 2, 4, 5, 10, 11, 13) from December 1 to March 31.

Pyramid Point

Beaches may be temporarily closed to pets during piping plover nesting season.

Pet Rules

- · Pets must be controlled on a six-foot leash.
- Pets may not be left unattended or tied to an object.
- Do not allow your pet to make unreasonable noise.
- Clean up after your pet and dispose of waste in trash receptacles.
- Keep your pet from interacting with wildlife or disturbing park visitors.
- NO pets allowed
- Pets allowed

Cell Phone Tour

Discover more about the rich history and natural beauty of the Lakeshore any time from your own cell phone. It's easy. You use your own cell phone service and minutes.

- At each tour stop, dial 231-577-5555
- Enter the tour stop number

Enjoy tours of Glen Haven, Port Oneida, and Pierce Stocking Scenic Drive geology. Ask at the visitor center, campground offices, or entrance kiosks for a map and directions to the cell phone tour stops, or check on the web.

Listen from anywhere and enjoy!

Find us with your GPS . . .

Visitor Center

9922 Front Street, Empire, MI 49630

Pierce Stocking Scenic Drive

8500 Stocking Drive, Empire, MI 49630

Dune Climb

6748 Dune Hwy (M-109), Glen Arbor, MI 49636

Maritime Museum

8799 Sleeping Bear Road, Glen Arbor, MI 49636

Platte River Campground

5685 Lake Michigan Road, Honor, MI 49640

D. H. Day Campground

8010 West Harbor Hwy. (M-109), Glen Arbor, MI 49636



Like us and keep up on the happenings in the park: www.facebook.com/sbdnl



Follow us on twitter: **@SleepingBearNPS**



Junior Ranger!

Explore the secrets of the Lakeshore as you seek answers for your Junior Ranger book (free at park stores and campground offices). Children of all ages enjoy these fun and challenging activities. The book lists the steps you must complete to earn a Junior Ranger badge and/or patch. In order to earn your Junior Ranger status, return to the visitor center or a campground office to review your answers with a ranger and take the official oath.

Explore! Learn!

Protect!